

# The First NHS Trainee and Newly Qualified Arts Therapists' Conference

ONLINE | 21/06/2023 | 9:30-16:30

## Agenda

09:30 - 10:00	WELCOME & FOCUS
10:00 - 10:40	PARALLEL SESSION (1): <i>A SCOPING REVIEW: THERAPISTS MAKING ART</i> (PALAK MEHTA) <i>DANCE MOVEMENT PSYCHOTHERAPY AND MANIPURI DANCE</i> (NOEL DATTA)
10:45 - 11:25	PARALLEL SESSION (2): <i>HOPE IN THE BASEMENT: THE ROLE OF CREATIVITY IN OPPRESSIVE SYSTEMS</i> (NAOMI RULE, KRITIJA SAXENA AND TIFFER HUTCHINGS) <i>MUSIC THERAPY WITHIN HEALTHCARE SYSTEMS – CASE STUDY</i> (GAVRIEL RUBIN)
11:30 - 12:10	PARALLEL SESSION (3): <i>I'M STILL ALIVE BUT I'M BARELY BREATHING: CASE STUDY WITH A YOUNG WOMAN WITH COMPLEX TRAUMA AND MENTAL HEALTH DIFFICULTIES</i> (MARTHA NICHOLLS) <i>HOW CAN ART THERAPY HEAL DISAVOWED ASPECTS OF A TRAUMATISED ADOLESCENT'S IDENTITY AND STRENGTHEN NEW NEURAL PATHWAYS WHEN RELATIONAL TRAUMA HAS OCCURRED?</i> (FRANCES HILL) <i>IMPROVING THE ACCESSIBILITY OF OUR MEASURING TOOL FOR LEARNING DISABILITY SERVICE USERS</i> (JONAH SETO)
12:15 - 12:55	PARALLEL SESSION (4): <i>BABY STEPS - JOURNEYS IN GROUP ART PSYCHOTHERAPY</i> (ISABEL HENDLEY AND EESHA SUHAIL) <i>WHERE IS THE SESAME FOR THE SESAME TRAINED DRAMATHERAPIST? FROM PEDAGOGY TO PRACTICE</i> (ALISTAIR HOYLE, CHARLOTTE TICKNER, NATALIE WILSON, ROSIE ABRAHAM AND SAMUEL GREENHALGH) <i>BEING WITH – A PERSONAL ACCOUNT OF A DRAMATHERAPIST WORKING IN TWO CONTEXTS</i> (ROSEMARY LEACH)
13:00 - 13:30	LUNCH
13:30 - 14:00	DISCUSSION
14:00 - 14:40	Q&A SESSION WITH PROFESSIONAL BODIES
14:40 - 15:10	SHORT FILM PRESENTATION - HEE FILM ABOUT ARTS THERAPIES PLACEMENTS IN THE NHS (DR VAL HUET)
15:10 - 15:50	PARALLEL SESSION (5): <i>LIMBO STATE OF MIND – ON BEING ON THE PERIPHERY AS A BLACK TRAINEE DRAMATHERAPIST IN A FORENSIC MENTAL HEALTH FACILITY, AND WORKING WITH CLIENTS 'IN LIMBO'</i> (VARIA WILLIAMS) <i>ART, HEALTH AND WELL-BEING - JOINT PRESENTATION WITH BETTER DAYS</i> (CARRIE TSE AND BETTER DAYS TEAM)
16:00 - 16:15	CLOSING AND THANKS

Contact: Lorna (lorna.downing@nhs.net), Kat (Katelina.fusco@nhs.net)

ORGANISED BY:



SUPPORTED BY:

